Angelic Virtues and Demonic Vices Fr. Basil Cole, OP

Chapter 9, Gluttony's "Foodies"

1.	How does the author define gluttony? (pg. 107)
2.	What are St. Thomas' three wise eating habits? (pg.108)
3.	How is gluttony similar to pride? (pg. 111)
4.	What are the effects of fasting according to St. Augustine? (pg. 112)