Angelic Virtues and Demonic Vices Fr. Basil Cole, OP

Chapter 15, The Virtues of Abstinence, Sobriety, and Fasting Contra Gluttony

1.	How does St. Thomas define <i>gluttony</i> ? (pg. 215)
2.	The body is chastised by the means of abstinence, for what two ends? (pg. 218)
3.	What are the threefold purposes of practicing fasting? (pg. 222)
4.	According to Canon Law, what is the obligation of Catholics in good health regarding fasting? (pg. 227)