Angelic Virtues and Demonic Vices Fr. Basil Cole, OP

Chapter 11, The Virtue of Penance, the Bulwark against All the Vices

1. How can one prepare himself for receiving the grace of final perseverance? (pg. 128)

2. What are the effects of past sins? (pg.133)

3. The great commandment of loving God with one's whole being implies what (two or three) desires? (pg. 139 - 140)

4. The author states that mental pray is the key to overcoming any sin; explain. (pg. 145)

5. Explain the author's analogy of a football game. (pg. 155)