



SOUTHERN PROVINCE OF ST. MARTIN DE PORRES – Lay Dominicans

<p><b>September</b> (1)</p>	<p>Introduction to the Dominican Order, Part I</p> <p>SAINT: St. Dominic</p>	<ul style="list-style-type: none"> <li>• Gain introduction to the life of St. Dominic</li> <li>• Identify key virtues exemplified by St. Dominic</li> <li>• Discuss the historic situation in which the Order of Preachers was founded</li> <li>• Compare and contrast the time of the founding of the Order with our own times in order to appreciate the need for the Dominican charism today</li> <li>• <i>SUGGESTION: Before going to Vespers:</i> Provide very simple instructions on this communal liturgical prayer; consider providing ready-made booklets for inquirers until January, when they will learn how to use the actual book.</li> </ul>	<p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. I: “A General View of Dominican Life”</p> <p>Cameron, Peter John, OP. “The Dominican Difference in the World.” <i>Dominican Torch</i>, Summer, 2006.</p> <p><i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp. 15 – 17</p> <p>Saint: <i>Dominicana</i> pp. 143-145</p>
<p><b>October</b> (2)</p>	<p>Introduction to the Dominican Order, Part II</p> <p>SAINT: St. Martin de Porres</p>	<ul style="list-style-type: none"> <li>• Recognize the mission of the Order as preaching and the salvation of souls</li> <li>• Distinguish the branches of the Dominican family (friars—priest and brothers, nuns, sisters, laity)</li> <li>• Enumerate the four pillars of Dominican life (prayer, study, community, preaching/apostolate) common to all branches of the Dominican family</li> <li>• Learn broad overview of Dominican history</li> </ul>	<p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. II: “Dominican Life in the Image of St. Dominic”</p> <p><i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp. 18 – 23; 24 – 34</p> <p>Saint: <i>Dominicana</i> pp. 149-150</p>

<b>November</b> (3)	The Four Pillars of Dominican Life: Prayer, Part I  SAINT: St. Catherine of Siena	<ul style="list-style-type: none"> <li>• Define prayer and forms of prayer (adoration, petition, intercession, thanksgiving, praise)</li> <li>• Recognize the importance of growing in the life of daily prayer, both personal and communal</li> <li>• Describe the prayer of St. Dominic and how he spoke either <i>with</i> God or <i>of</i> God</li> <li>• Read and meditate upon the Nine Ways of Prayer of St. Dominic</li> <li>• Understand infused contemplation as the normal flowering of the life of grace</li> <li>• Discuss the Dominican devotion to prayer for the dead</li> </ul>	CCC #2623 - 2649 (forms of prayer)  <i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. III: "Dominican Life is Contemplative"  "The Nine Ways of Prayer of St. Dominic"  "The Pillars of Dominican Life: Dominican Spirituality for the Laity," V: <i>Personal Prayer</i>  <i>Rule and Directory, Southern Province of St. Martin de Porres, 2016. Appendix A, p 46.</i>  Saint: <i>Dominicana</i> pp. 151
<b>December</b> (4)	Prayer, Part II  SAINT: St. Hyacinth	<ul style="list-style-type: none"> <li>• Introduction to the Liturgy, liturgical seasons, Liturgy of the Hours (short history of the LOH)</li> <li>• Recognize the Liturgy of the Hours as the public prayer of the whole people of God which sanctifies the hours of the day</li> <li>• Explain the four reasons the Liturgy of the Hours is an integral part of daily prayer for a Dominican (cf. <i>Dominicana</i> p. 187)</li> <li>• Provide instruction to the components of the Hours (psalms, readings, intercession, etc.)</li> <li>• Practice locating the proper pages for the Liturgy of the Hours</li> <li>• Practice communal praying of the Liturgy of the Hours</li> </ul>	CCC 1187 - 1199 (Liturgy "In Brief") CCC 1174 - 1178 (Liturgy of the Hours) CCC 2585 - 2589 (the Psalms)  <i>Dominicana: A Guidebook for Inquirers, 2<sup>nd</sup> ed., pp. 180 - 194</i>  "Rubrics of the Southern Province Friars for Praying the Divine Office"  "The Pillars of Dominican Life: Dominican Spirituality for the Laity," IV: <i>Liturgical Prayer</i>  Saint: <i>Dominicana</i> pp. 153-154 Suggested Reading: Nugent, Madeline Pecora. <i>The Divine Office for Dodos</i> . Catholic Book Publishing. New Jersey: 2008.

<p><b>January</b> (5)</p>	<p>Prayer, Part III  SAINT: Pope St. Pius V</p>	<ul style="list-style-type: none"> <li>• Explain the three major expressions of prayer: vocal, meditative, and contemplative, and the role of these forms of prayer in Dominican common and private prayer</li> <li>• Note connections between prayer and the other three pillars of Dominican life</li> <li>• Recognize Marian devotion in the Order; the origins of the <i>Salve Regina</i> procession; the titles of Mary as Queen of Preachers and Mother of Mercy</li> <li>• Examine the history of the Rosary and the Order’s promotion of this devotion</li> </ul>	<p>CCC 2697 – 2724 (expressions of prayer)</p> <p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. V: “Dominican Life is Liturgical”</p> <p>“The Pillars of Dominican Life: Dominican Spirituality for the Laity,” II: Contemplation for the Laity; VI: Meditation or Mental Prayer; VII Devotion to the Blessed Virgin Mary</p> <p><i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp. 194 – 199</p> <p>Saint: <i>Dominicana</i> pp. 155</p>
<p><b>February</b></p>	<p>RETREAT</p>	<p>RETREAT</p>	<p>RETREAT</p>
<p><b>March</b> (6)</p>	<p>Study, Part I  SAINT: St. Thomas Aquinas</p>	<ul style="list-style-type: none"> <li>• Identify study as the intellectual grappling with sacred Truth</li> <li>• Recognize that Dominican study is never an isolated act but always pursued with the end of being of use to the souls of one’s neighbors</li> <li>• Explain the meaning of the 3 Dominican mottos (<i>Veritas; Contemplare et contemplata aliis tradere; Laudare, Benedicere, Praedicare</i>) and how these relate to Dominican study</li> </ul>	<p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. VI: “Dominican Life is Doctrinal”</p> <p>“The Pillars of Dominican Life: Dominican Spirituality for the Laity,” I: <i>Truth</i></p> <p>“The Place of Study in the Ideal of St. Dominic” (James A. Weisheipl, O.P.)</p> <p>Saint: <i>Dominicana</i> pp. 147-149</p>

<p><b>April</b> (7)</p>	<p>Study, Part II</p> <p>SAINT: St. Albert the Great (Albertus Magnus)</p>	<ul style="list-style-type: none"> <li>• Identify ways and means of incorporating study of sacred truth into one's daily life</li> <li>• Discern how to share the fruits of one's study with a friend, colleague, or family member, or through a parish group</li> <li>• Describe the connections between study and the other three pillars of Dominican life, particularly the apostolate</li> </ul>	<p>“The Pillars of Dominican Life: Dominican Spirituality for the Laity,” <i>III: Study</i></p> <p>Aumann, Jordan. OP. “The Contemplative Dimension of Dominican Spirituality.” (<a href="http://domcentral.org/study/">domcentral.org/study/</a>)</p> <p><i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp. 200 – 219 (“Formation Ahead”)</p> <p>Saint: <i>Dominicana</i> pp. 145-147</p>
<p><b>May</b> (8)</p>	<p>Community, Part I</p> <p>SAINT: St. Juan Macias</p>	<ul style="list-style-type: none"> <li>• Understand the nature of community in a lay Dominican chapter, as an aid for growth in charity and in the virtues, as well as support in study, prayer, and apostolate</li> <li>• Recognize the local chapter's connection to the communion within the Dominican Order and the universal Church</li> <li>• Explain the virtue-based approach to morality characteristic of Dominican spirituality</li> <li>• Define the theological and moral virtues</li> </ul>	<p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. VII: “Dominican Life is Fraternal”</p> <p>“The Pillars of Dominican Life: Dominican Spirituality for the Laity,” <i>IX: Community Life</i></p> <p>CCC##1803-1829 (Article 7 in Life in Christ)</p> <p>Saint: <i>Dominicana</i> pp. 154-155</p>
<p><b>June</b> (9)</p>	<p>Community, Part II</p> <p>SAINT: St. Rose of Lima</p>	<ul style="list-style-type: none"> <li>• Summarize the structure of government in the Order, province, local chapter</li> <li>• Introduce the <i>Rule &amp; Directory</i> in a manner proper to this stage in formation</li> <li>• Describe the penitential nature of the Dominican life, and how the practice of penance can enable one to share in the redemptive work of Christ and grow in charity</li> </ul>	<p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. VIII: “Dominican Life is Sacrificial”</p> <p><i>Rule and Directory, Southern Province of St. Martin de Porres</i>, 2016. “The Rule of the Lay Chapters of St. Dominic,” sections 1-14 pp 9-11</p>

<p><b>June cont.</b> (9)</p>	<ul style="list-style-type: none"> <li>• Understand that Lay Dominicans are incorporated into the Order of Preachers by making a public Promise (Rule #2 p 9)</li> <li>• Describe how a Lay Dominican lives out the spirit of the Beatitudes (Rule #8-14)</li> </ul>	<p>and The Particular Directory Section I “The Basics of Lay Dominican Life” A-D pp. 22-23</p> <p>“The Pillars of Dominican Life: Dominican Spirituality for the Laity,” VIII: <i>Penance &amp; XI: Loyalty to the Church</i></p> <p><i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp. 36 – 37; 56 – 70</p> <p>Saint: <i>Dominicana</i> pp. 150-151</p> <p>Optional Reading throughout summer months: Dorcy, Sister Mary Jean. OP. <i>Saint Dominic</i>. Cross and Crown Series of Spirituality; 1959.</p>
<p><b>July</b> (10)</p> <p>Preaching/Apostolate, Part I</p> <p>SAINT: St. Antoninus</p>	<ul style="list-style-type: none"> <li>• Consider examples of mercy and compassion in the life of St. Dominic and his zeal for the salvation of all</li> <li>• Explain the Church’s teaching on the apostolate of the laity, and of preaching as a sharing in the prophetic ministry of Christ</li> <li>• Examine the forms Dominican preaching can take according to one’s state in life, personal charisms, etc.</li> </ul>	<p><i>Dominican Spirituality: Principles and Practice</i> (William A. Hinnebusch, O.P.), Ch. IV: “Dominican Life is Apostolic”</p> <p>“The Pillars of Dominican Life: Dominican Spirituality for the Laity,” XII: <i>Preaching; X: Poverty</i></p> <p><i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp. 100 – 137 <i>Actuositatem Apostolicam</i>, 1965 (Decree on the Apostolate of the Laity); pp 141-42</p> <p>Saint: <i>Dominicana</i> pp. 152-153</p>

<b>August</b> (11)	Preaching/Apostolate, Part II  SAINT: Bl. John of Fiesole (Fra Angelico)	<ul style="list-style-type: none"> <li>• Define evangelization and explain the three situations of evangelization today (<i>mission ad gentes</i>, pastoral care of the faithful, and new evangelization) as articulated by Pope John Paul II in <i>Redemptoris Missio</i> #33 – 34</li> <li>• Recognize the motivation for evangelization as the love of Jesus Christ and desire to share Him with others</li> <li>• Discern one’s own call to evangelization</li> <li>• Explain the interconnected relationship between the four pillars of Dominican life and the Order’s mission of preaching and the salvation of souls</li> </ul>	<p>Philipon, Fr. M. M. “The Dominican Soul.”  <i>Dominicana: A Guidebook for Inquirers</i>, 2<sup>nd</sup> ed., pp 215-222</p> <p>Redemptoris Missio (JP II) #33-34.</p> <p>“St. Dominic and the Preachers: A Spiritual Crusade” Lecture Notes by John A. Cuddeback, Ph.D., Christendom College</p> <p>Institute of Catholic Culture. Saint Dominic and the Preachers (audio presentation) <a href="http://www.instituteofcatholicculture.org/">www.instituteofcatholicculture.org/</a> go “sign up” then “library” then search for saint-dominic-the-preachers/ (1 hour, 32 minutes)</p> <p>Saint: <i>Dominicana</i> pp. 156-157</p>
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