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| Sept (1) | Introduction to the Dominican Order, Part I | • Identify the following elements of Dominican Spirituality:  
  o the emphasis on the role of the movement of divine grace upon the will  
  o the role of preaching  
  o the centrality of the Incarnation  
  o love of truth: Veritas  
  • Recognize the source of Dominican joy—living the life of the Beatitudes  
  Murray, Paul. The New Wine of Dominican Spirituality. Ch. 1 “What is Dominican Spirituality” (pp 54-4)  
| Oct (2) | Introduction to the Dominican Order, Part II - (Historical Documents) | • Recognize the long history of Dominican Laity (begun 1285) and its continuity with the earliest days of the Order.  
  • State the founding purpose of the Lay Fraternities  
  • Deepen one’s knowledge of St. Dominic and the early days of the Order through the reading of selected canonization proceedings  
  Murray, Paul. The New Wine of Dominican Spirituality. Ch. 2 “Dominicans and Happiness” (pp 45-7) |
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<td>Feb</td>
<td>Day of Recollection</td>
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<td>March</td>
<td>The Four Pillars of Dominican Life: Prayer, Part II of III (Mental Prayer)</td>
<td>- State that prayer in all stages is always the initiative of God the Holy Spirit, a gift of grace.&lt;br&gt;- Recognize that fidelity to mental prayer helps one to grow in love of God , love of neighbor (Ch. 1) and love of the Church.</td>
<td>Philippe, Jacques Time for God. New York, NY: Scepter Publishers, 1992.&lt;br&gt;  - Ch 1, 2, and 3 (pp 7-81)&lt;br&gt;Saint: <a href="http://www.nashvilledominican.org/community/our-dominican-heritage/">http://www.nashvilledominican.org/community/our-dominican-heritage/</a></td>
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| April (7) | The Four Pillars of Dominican Life: Prayer, Part III of III (Lectio Divina and Mental Prayer) | • Recognize the various categories that spiritual writers use to describe ways and stages of prayer:  
  ○ Purgative, illuminative, unitive  
  ○ Meditation, affective prayer, contemplation  
  ○ Active prayer to passive prayer | Philippe, Jacques Time for God Ch. 4, 5 (pp. 82-98 and Appendices pp. 99-108) |
<p>|        |          | • Practice Lectio Divina together with a passage from a Gospel. (Perhaps invite a guest to speak/present on it.) | Saint: <a href="http://www.nashvilledominican.org/community/our-dominican-heritage/">http://www.nashvilledominican.org/community/our-dominican-heritage/</a> |
|        |          | • Pray the “Jesus Prayer” (Ch. 5) | |</p>
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| June (9) | The Four Pillars of Dominican Life: Preaching/Apostolate | • Describe the Church’s understanding of the Role of the Laity as expressed in *Lumen Gentium*  
• Understand St. Dominic’s zeal for preaching the Word of God for the salvation of souls  
• Describe how the Holy Spirit fills one with the desire to preach the Gospel  
• Recognize Mary’s role as Preacher of the Word | Murray, Paul. *The New Wine of Dominican Spirituality*. Ch. 4 “Dominicans Drinking: Preachers and the New Wine of the Gospel” (pp. 128-170)  

SAINT: St. Vincent Ferrer

St. Albert the Great  

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| July (10) | Virtue and the Nature of Happiness | • Describe the nature of happiness (according to St. Thomas)  
• List the powers of a rational soul: the role of the intellect, the will, and reason;  
• Enumerate the “passions” and identify their goals:  
  - Love and hate  
  - Desire and aversion  
  - Pleasure and pain  
  - Hope and despair  
  - Fear and daring  
“Meditation on the Gospel of Beatitudes” by Msgr. Charles Pope  
| Aug (11) | Introduction to the Cardinal and Theological virtues | • Define the four Cardinal Virtues and the Theological/infused Virtues:  
• Compare the role of the natural Virtues and the Supernatural Virtues  
• Explain that we are moved to action through the Gifts of the Holy Spirit  
• Understand that the Beatitudes are perfected Gifts given to us by the Holy Spirit | Farrell, Walter and Martin Healy, OP. *My Way of Life: the Summa Simplified for Everyone.* New York: Confraternity of the Precious Blood, 1952. Part Ila. Chs. 6-10 (pp. 235-268)  
Youtube video “The Beatitudes” Part I 15:00 by Bishop Robert Barron  
[https://www.youtube.com/watch?v=yclU9qi-c3U](https://www.youtube.com/watch?v=yclU9qi-c3U)  
[https://www.youtube.com/watch?v=tQ1VCDFEkkk](https://www.youtube.com/watch?v=tQ1VCDFEkkk)  