Study Questions for Dominican Laity Candidates

Meeting 6 March

- Ch 1, 2, and 3 (pp 7-65)


1. What does it mean that prayer is “not the result of a technique, but a gift we receive”? (Ch 1 pp 9-10)

2. Father Philippe speaks about the necessary conditions for receiving God’s Gift of prayer as “certain inner attitudes and certain dispositions of the heart”. Why does he stress that faith is the most important inner attitude? (Ch 1 p 14)

3. There are other inner attitudes that are mentioned in the summary of Chapter 1 (p 42) and are also discussed throughout the chapter. Can you take one (or all of them) and describe why it (they) are so important in persevering in mental prayer?
   a. Trusting abandonment in God’s hands (p 40)
   
   b. Humility (p 20)
   
   c. Poverty of heart (p 20)
   
   d. Spiritual childhood or purity of intention/peaceful trust (pp 18 and 41)
4. Father Philippe describes “four great principles” that should guide us through mental prayer. These are listed in his summary of Chapter 2 (p65) and throughout the chapter. Explain the meaning of each:
   a. God’s action (pp 50-52)
   b. Primacy of love (pp53-57)
   c. Humanity of Jesus as an instrument of Communion with God (pp 57-61)
   d. God’s dwelling within our hearts (pp 62-65)

5. How does God’s dwelling within our hearts relate to what St. Catherine of Siena called, “the inner cell”? (Ch 2 p 64)

6. Define active prayer and passive prayer. (Ch 2 p 48 and Ch 3 pp 67-71) Describe what is meant in the shift from active prayer to passive prayer. (Ch 3 pp 67-71)

7. Explain the states of prayer in meditation and contemplation. Describe the movement from the stage of meditation to the stage of contemplation. (Ch 3 p 68)
8. What are some forms of a heart wounded by love? (Ch 3 p 73)

9. Explain how mental prayer and love of the Church go hand in hand. (Ch. 3 pp 76-81)

10. How does fidelity to mental prayer help one grow in each of these?
   a. Love of God (pp 38-39)
   b. Love of neighbor (p 15)
   c. Love of the Church (pp 76-81)