



## ST. CECILIA CHAPTER – LAY DOMINICANS

*TEMP YEAR A Program. Powers of the Human Soul, the Virtues and The Gifts of the Holy Spirit*

Month	Topic(s)	Objectives	Readings and/or Sources
September	The Powers of the Human Soul	<ul style="list-style-type: none"> <li>Describe the human person as a substantial union of body and soul</li> <li>Distinguish between the spiritual and the sensitive powers of the soul</li> <li>Distinguish btw irascible and the concupiscible emotions (passions) and list them</li> <li>Define “virtue” according to Thomas/Aristotle</li> <li>Distinguish btw natural and supernatural virtues</li> <li>Identify the 3 theological virtues and the 4 moral (cardinal) virtues</li> <li>Identify which powers the virtues perfect</li> <li>List the qualities of a virtuous act (CCC 1834)</li> </ul>	<p>Marshall, Taylor R. <i>Thomas Aquinas in 50 Pages: A quick Layman’s Guide to Thomism</i>. Electronic copyright 2013 by Taylor R. Marshall,</p> <ul style="list-style-type: none"> <li>pp 31-35 (Powers and Passions)</li> <li>pp 35-38 (Moral Virtues)</li> </ul> <p>Sullivan, Daniel J. <i>An Introduction to Philosophy: the Perennial Principles</i>. (Rockford, IL: Tan Books and Publishers, 1992),</p> <ul style="list-style-type: none"> <li>pp 111-115 (The Soul of Man)</li> <li>pp 146-150</li> </ul> <p>Lagrange, Garrigou. <i>Three Ages of the Interior Life</i>. (Rockford, IL: 1947, vol 1)</p> <ul style="list-style-type: none"> <li>pp 48-52 (The Natural Life and the Supernatural Life of the Soul)</li> </ul> <p><u>CCC</u> 1803-1811; 1834</p>
October	Theological Virtues and Moral Virtues	<ul style="list-style-type: none"> <li>Distinguish between infused moral virtues and acquired moral virtues (according to Thomas. N.B. the explanation in study questions)</li> </ul>	<p>Marshall, Taylor. Pp 38-41 “Supernatural Theological Virtues”</p> <p>Lagrange, G. Vol I., pp. 52-57 (Ch 3, article II). Theological virtues</p> <p>Lagrange, G. Vol 1., pp. 57-66 (Ch 3, article IV) Moral virtues</p> <p><u>CCC</u> 1812-1829</p> <p><u>My Way of Life</u>, Ch 7. Unity in Human Action</p>

Month	Topic(s)	Objectives	Readings and/or Sources
November	Gifts of the Holy Spirit	<ul style="list-style-type: none"> <li>Describe the nature of the Gifts</li> <li>Distinguish btw virtues and the Gifts</li> <li>List the 7 Gifts and when we receive them</li> <li>Readers may find it helpful to fill in the chart (see last page) while reading. Identify the following for each gift: <ul style="list-style-type: none"> <li>(a) effects of its operation on earth</li> <li>(b) effects of its operation in heaven</li> <li>(c) the corresponding Beatitude(s)</li> <li>(d) the virtue(s) perfected</li> </ul> </li> </ul>	Cameron, Rev. Peter J., O.P. <i>The Gifts of the Holy Spirit According to St. Thomas Aquinas</i> . (New Haven, CT: Knights of Columbus Supreme Council, 2002). pp. 1-22. (the chapters on Fear of the Lord, Prudence, Knowledge, Fortitude).
December		<ul style="list-style-type: none"> <li>Continue as above for the Gifts of Counsel, Understanding, Wisdom</li> <li>Consider the operation of the Gifts of the Holy Spirit in Mary</li> </ul>	<ul style="list-style-type: none"> <li>Cameron, Rev. Peter J., O.P., pp. 22 - 42.</li> <li>LaGrange, vol II., pp 233-36. "Conditions Required for Docility to the Holy Ghost"</li> </ul>
January		<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Lehodey, Dom Vitalis, O.C.R. <i>The Ways of Mental Prayer</i>. (Dublin: M.H. Gill &amp; Son Ltd., 1951); <ul style="list-style-type: none"> <li>Read pp. 1-82 (Part I, On Prayer in General)</li> </ul> </li> </ul>
February			
March		<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Lehodey, Dom Vitalis, O.C.R. <i>The Ways of Mental Prayer</i>. <ul style="list-style-type: none"> <li>Read pp. 83-216 (Part II, On Ordinary Mental Prayer)</li> </ul> </li> </ul>
April		<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Lehodey, Dom Vitalis, O.C.R. <i>The Ways of Mental Prayer</i> <ul style="list-style-type: none"> <li>Read pp. 217-308. (Part III, On Mystical Prayer, chs. i-iv)</li> </ul> </li> </ul>
May		<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Lehodey, Dom Vitalis, O.C.R. <i>The Ways of Mental Prayer</i> <ul style="list-style-type: none"> <li>Read pp. 309-405 (Part III, On Mystical Prayer, chs. v-xiv)</li> </ul> </li> </ul>

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June		•	<ul style="list-style-type: none"> <li>• LaGrange, vol I., pp. 444-60, <ul style="list-style-type: none"> <li>○ ch xxxv. “Mental Prayer of Beginners”</li> <li>○ ch xxxvi. “How to Attain to the Life of Prayer and Persevere in It”</li> </ul> </li> </ul>
July		•	<ul style="list-style-type: none"> <li>• LaGrange, vol II., pp 279-288. “Contemplative Prayer”</li> </ul>
August		•	<ul style="list-style-type: none"> <li>• LaGrange, vol II., pp 299-306. “Degrees of Contemplative Prayer”</li> </ul>

### Required Texts:

- Lehodey, Rt. Rev. Dom Vitalis. *The Ways of Mental Prayer*. Tan Books. Charlotte, North Carolina. 1982.
- *Christian Prayer* (Red Book) Catholic Book Publishing Corp., New York, 1976  
or the Four-volume set of Liturgy of the Hours
- Ferrell, Walter *My Way of Life* Confraternity of the Precious Blood. 1952
- CCC *Catechism of the Catholic Church*

### On-line Materials:

- Lagrange, Reginald Garrigo-. *The Three Ages of Interior Life.*, (Rockford, IL: 1947, Vol. 1 )  
Pp 48-52 (The Natural Life and the Supernatural Life of the Soul)  
<http://christianperfection.info//tta73.php>
- Lagrange, Reginald Garrigo-. *The Three Ages of Interior Life.*, (Rockford, IL: 1947, Vol. 2)  
Pp 233-236; pp 279-288; pp 299-306; pp 444-460  
<http://christianperfection.info//tta73.php>
- Marshall, Taylor *Thomas Aquinas in 50 Pages: A Quick Layman’s Guide to Thomism* Electronic Copyright 2013  
<http://taylormarshall.com/2013/05/free-book-is-ready-thomas-aquinas-in-50.html>
- Cameron, Rev. Peter J., O.P. *The Gifts of the Holy Spirit According to St. Thomas Aquinas*. New Haven, CT: Knights of Columbus Supreme Council, 2002.  
<http://www.kofc.org/un/en/resources/cis/cis360.pdf>

**Supplemental:**

- Kempis, Thomas A. *The Imitation of Christ*. Penguin Books. London, England. 1952.
- St. Teresa of Avila, C.D. *Interior Castle*. Image Books. Doubleday. 1961.
- St. John of the Cross. *Ascent of Mount Carmel*. Paraclete Press. Brewster, MA. 2002.
- Newman, John Henry. *Selected Sermons, Prayers, and Devotions*. Vintage Books. New York. 1999.
- De Sales, Francis. *Introduction to the Devout Life*. Vintage Books. New York. 2002.
- Murray, Paul, O.P. *Praying with Confidence: Aquinas on the Lord's Prayer*. Continuum. New York. 2010.
- Dubay, Thomas, S.M. *Saints: A Closer Look*. Servant Books. Cincinnati, OH. 1973.
- Chesterton, G.K. *St. Thomas Aquinas The Dumb Ox*.
- Lagrange, Fr. Reginald Garrigou, O.P. *The Mother of Our Savior*.
- Casey, Michael. *Sacred Reading The Ancient Art of Lectio Divina*. Liguori Press.
- Tanqueray, SS, DD. *Lectio Divina*.
- St. Louis de Montfort. *True Devotion to Mary*.
- Cameron, Peter, O.P. *Mysteries of the Virgin Mary*.
- Sullivan, Daniel J. *An Introduction to Philosophy: the Perennial Principles*. Tan Books and Publishers. Rockford, IL. 1992
- O'Driscoll, Mary, O.P. *Catherine of Siena Passion for Truth Compassion for Humanity: Selected Writings*.
- Noffke, Susanne, O.P. *Catherine of Siena: The Dialogue*.
- Noffke, Susanne, O.P. *The Prayers of Catherine of Siena*.
- McClernon, John P. *Sermon in a Sentence: From the Selected Writings of St. Catherine of Siena*. Ignatius Press. San Francisco, CA. 2004.
- Murphy, T.A., O.P. *The Timeless Dominic*. Cluny Media. 2015.