



SOUTHERN PROVINCE OF ST. MARTIN DE PORRES – LAY DOMINICANS
 Candidate Program

Month	Topic(s)	Objectives	Readings and/or Sources
September	Introduction to the Dominican Order, Part I SAINT: Bl. Jordan of Saxony	<ul style="list-style-type: none"> • Recognize the local chapter’s connection to the communion within the Dominican Order and the universal Church • Describe the character of the Lay Dominican promise as stated in the <i>Ritual Order</i> and the earliest statutes. (Read Letter of Promulgation, General Introduction and Rite of Profession). • Recognize the long history of the Lay Fraternities of St. Dominic and their continuity with the earliest days (thirteenth c.) of the Order. • Identify the purpose of the founding of the Lay Fraternities as for the practice of the works of mercy and the care of the poor. • Identify the following elements of Dominican Spirituality: <ul style="list-style-type: none"> ○ the emphasis on the role of the movement of divine grace upon the will ○ the role of preaching 	Ashley, Benedict. <i>Dominican Spirituality</i> <i>Ritual Order for the Reception and Profession into Clerical or Lay Fraternities of Saint Dominic</i> . Approved by Congregation for Divine Worship and Discipline of the Sacraments, 1998. Promulgated by Timothy Radcliffe, OP, 1999. (~ 50 pp of text) <i>Code of Canon Law (1983)</i> : Applicable canons from “Associations of the Christian Faithful” (#298, 301, 303-306). (~ 3 pp of text) “Statute of the Congregation of St. Dominic, Bologna, 1244” in Tugwell, Simon, ed. <i>Early Dominicans Selected Writings</i> . Paulist Press, New York: 1982, pp 433-435. (3 pp text) Murray, Paul. <i>The New Wine of Dominican Spirituality</i> . Ch. 1 “What is Dominican Spirituality” (pp. 5-44) Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/

Month	Topic(s)	Objectives	Readings and/or Sources
October	Introduction to the Dominican Order, Part II SAINT: Bl. Reginald of Orleans	<ul style="list-style-type: none"> • Deepen one's knowledge of St. Dominic's prayer (<i>Nine Ways</i>) through the of reading selected canonization proceedings (primary document) • Identify ways of personally imitating Dominic's prayer • Recognize Dominicans as being filled with evangelical joy from living the life of the Beatitudes 	<p>Canonization Proceedings of St. Dominic (available at http://opcentral.org/blog/the-process-of-canonization-at-bologna/)</p> <p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 2 "Dominicans and Happiness" (pp. 45-77)</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
November	<i>The Four Pillars of Dominican Life:</i> Prayer, Part I SAINT: Bl. Imelda	<ul style="list-style-type: none"> • Define "Liturgy" as expressed in the CCC • Discuss the LOH as <ul style="list-style-type: none"> ○ Prayer of the Bride of Christ; ○ prayer of Christ the Head; ○ prayer of the Mystical body ○ extension of the Mass throughout the day 	<p>General Instruction on the Liturgy of the Hours (GILOH) (Abridged) in <i>Christian Prayer</i>,</p> <p><u>CCC</u> ##1066-1075 (Celebration of the Christian Mystery)</p> <p>Lagrange, Reginald Garrigo-. <i>The Three Ages of Interior Life.</i>, Vol. 2 Ch. 24. "The Sacrifice of the Mass and Proficients" http://christianperfection.info//tta73.php <u>Part 3 - "The Illuminative Way of Proficients" Ch. 24</u></p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
December	Prayer, Part II SAINT: Bl. Henry Suso	<ul style="list-style-type: none"> • Identify that mental prayer is not technique but a gift of grace • Recognize that fidelity to mental prayer helps one to grow in love of God and love of neighbor (Ch. 1) • Recognize that spiritual writers use various categories to describe the ways and stages of prayer. <ul style="list-style-type: none"> ○ Purgative, illuminative, unitive 	<p>Philippe, Jacques <i>Time for God</i>. Ch 1, 2, and 3 (pp 7-65)</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>

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		<ul style="list-style-type: none"> ○ Meditation, affective prayer, contemplation ● Identify some of the stages of prayer (states of prayer by spiritual writers (Ch. 3) ● Understand that the movement from meditation (active prayer) to contemplation (more passive prayer) is an invitation and grace from God. ● Understand that in the manner one loves Jesus is the depth that one loves His Bride, the Church 	
January	Prayer, Part III SAINT: St. Vincent Ferrer	<ul style="list-style-type: none"> ● Understand that fidelity to prayer requires one to spend time in meditation (Ch. 4) ● Grow deeper in meditation by following the steps in Lectio Divina (Ch. 5) ● Practice Lectio Divina ● Pray the “Jesus Prayer” (Ch. 5) ● Understand how the praying the Rosary unites us with the Heart of Mary and leads us into Her own mental prayer giving us access to the Heart of Jesus (Ch. 5) ● Recognize spiritual writers and various forms of mental prayer (Appendices) ● Practice <i>Lectio Divina</i> together with a passage from a Gospel. (Perhaps invite a guest to speak/present on it.) 	Philippe, Jacques <i>Time for God</i> Ch. 4, 5 (pp. 82-98 and Appendices pp. 99-108) Gorski, Roman Martinus, O.P. “People of the Word, Lectio Divina.” Lay Fraternities of St. Dominic, 2012. Province of St. Joseph. Novitiate Module. http://www.laydominicans.org/modules/novitiate/LectioDivina.pdf McGoldrick, Father Kevin. “Lectio Divina: Prayerful Reading of Scripture” essay Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/
February			

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	<i>RETREAT</i>	<i>RETREAT</i>	<i>RETREAT</i>
March	Study SAINT: Bl. Diana D'Andalo	<ul style="list-style-type: none"> • Understand St. Dominic's passion for study of Sacred Scripture and Teachings of the Church • Define study as a sacred task • Identify past Dominican Saints and their zeal for study of Sacred Truth 	<p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 3 "Eat the Book Study in the Dominican Tradition" (pp. 78-127). Biographical sketch of St. Thomas Aquinas. (pp.2-7) (selection from <i>Thomas in 50 days</i>)</p> <p>http://taylormarshall.com/2013/05/free-book-is-ready-thomas-aquinas-in-50.html</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
April	Community SAINT: St. Louis de Montfort	<ul style="list-style-type: none"> • Study and reading of the Rule and Directory in order for one to make a Temporary Promise 	<p>Rule and Directory of the Southern Province http://3optn.com/main/wp-content/uploads/2013/08/Rule_Directory_Southern_May2007.pdf</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
May	Preaching/Apostolate SAINT: St. John of Cologne	<ul style="list-style-type: none"> • Describe the Church's understanding of the Role of the Laity as expressed in <i>Lumen Gentium</i> • Understand St. Dominic's zeal for preaching the Word of God for the salvation of souls • Describe how the Holy Spirit fills one with the desire to preach the Gospel 	<p><i>Lumen Gentium</i>, Chs. 1,2, 4 and 5 http://www.scborromeo.org/docs/lumen_gentium.pdf</p> <p>Murray, Paul. <i>The New Wine of Dominican Spirituality</i>. Ch. 4 "Dominicans Drinking: Preachers and the New Wine of the Gospel" (pp. 128-170)</p> <p>Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/</p>
June	Introduction and	<ul style="list-style-type: none"> • Understand the nature of happiness; 	My <i>Way of Life</i> Part IIa Chs. 1-5 (pp. 155-222)

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	preparation for the virtues SAINT: <i>Bl. Margaret of Castello</i>	the role of the intellect, the will, and reason; the role of morality in the human act • Explain the essence of the passions and their relations with the reason and the will	“Meditation on the Gospel of Beatitudes” by Msgr. Charles Pope http://blog.adw.org/2011/01/description-more-than-prescription-a-meditation-on-the-gospel-of-the-beatitudes-from-the-4th-sunday-of-the-year/ Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/
July	Introduction into the Beatitudes and preparation for the virtues SAINT: <i>St. Peter Verona</i>	<ul style="list-style-type: none"> • Define the four Cardinal Virtues and the Theological/infused Virtues: • Compare the role of the natural Virtues and the Supernatural Virtues • Explain that we are moved to action through the Gifts of the Holy Spirit • Understand that the Beatitudes are perfected Gifts given to us by the Holy Spirit 	<i>My Way of Life</i> Part IIa Chs. 6-10 (pp. 224-268) Youtube video “The Beatitudes” Part I 15:00 by Bishop Robert Barron https://www.youtube.com/watch?v=yclU9qj-c3U Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/
August	Introduction into the Supernatural life of Grace SAINT: <i>St. Agnes of Montepulciano</i>	<ul style="list-style-type: none"> • Understand the causes and effects of sin • Define natural law, habitual Grace, and the effects of Grace 	<i>My Way of Life</i> Part IIa Chs. 11-14 (pp. 270-311) Youtube video “The Beatitudes: The Portrait of Happiness” 3:25 by Bishop Robert Barron https://www.youtube.com/watch?v=tQ1VCDFEkkk Saint: http://www.nashvilledominican.org/community/our-dominican-heritage/

Required Texts:

- Murray, Paul *The New Wine of Dominican Spirituality: A Drink Called Happiness.* Bloomsbury. 2006
- Philippe, Jacques *Time for God* Scepter Publishers. 1992
- Ferrell, Walter *My Way of Life* Confraternity of the Precious Blood. 1952
- CCC *Catechism of the Catholic Church*
- *Christian Prayer* (Red Book) Catholic Book Publishing Corp., New York, 1976
or the Four-volume set of Liturgy of the Hours

On-line Materials:

- *Ritual Order for the Reception and Profession into Clerical or Lay Fraternities of Saint Dominic.* Approved by Congregation for Divine Worship and Discipline of the Sacraments, 1998. Promulgated by Timothy Radcliffe, OP, 1999. (~ 50 pp of text)
http://r.search.yahoo.com/_ylt=A0LEV1TO32pXxhMARI9XNyoA;_ylu=X3oDMTEyZzVoMmpmBGNvbG8DYmYxBHBvcwMyBHZ0aWQDQTAyMdBfMQRzZWMDc3I-/RV=2/RE=1466650702/RO=10/RU=http%3a%2f%2fwww.op.org.au%2ftexts%2fprof_frat_03.doc/RK=0/RS=AFYeOwIGCDHWfH5zpwuAfr1U.0A-
- Code of Canon Law 1983 http://www.vatican.va/archive/ENG1104/_P11.HTM
- Canonization Proceedings of St. Dominic (available at <http://opcentral.org/blog/the-process-of-canonization-at-bologna/>)
- USCCB essays on Liturgy of the Hours (LOH) <http://www.usccb.org/prayer-and-worship/liturgy-of-the-hours/>
- Lagrange, Reginald Garrigo-. *The Three Ages of Interior Life.*, Vol. 2 Ch. 24. “The Sacrifice of the Mass and Proficients”
<http://christianperfection.info//tta73.php> Part 3
- Gorski, Roman Martinus, O.P. “People of the Word, Lectio Divina.”
<http://www.laydominicans.org/modules/novitiate/LectioDivina.pdf>
- Marshall, Taylor *Thomas Aquinas in 50 Pages: A Quick Layman’s Guide to Thomism* Electronic Copyright 2013
<http://taylormarshall.com/2013/05/free-book-is-ready-thomas-aquinas-in-50.html> Taylor.marshall@gmail.com
- “Meditation on the Gospel of Beatitudes” by Msgr. Charles Pope
<http://blog.adw.org/2011/01/description-more-than-prescription-a-meditation-on-the-gospel-of-the-beatitudes-from-the-4th-sunday-of-the-year/>
- Youtube video “The Beatitudes” Part I 15:00 by Bishop Robert Barron <https://www.youtube.com/watch?v=yLU9qj-c3U>
- Youtube video “The Beatitudes: The Portrait of Happiness” 3:25 by Bishop Robert Barron
<https://www.youtube.com/watch?v=tQ1VCDFEkkk>
- Saints: <http://www.nashvilledominican.org/community/our-dominican-heritage/>
- Lumen Gentium Chapters 1,2,4 & 5 http://www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_const_19641121_lumen-gentium_en.html

Supplemental:

- Supplement: “Meditations on the Mysteries of the Rosary”. 2016 St. Cecilia Congregation.
<http://www.nashvilledominican.org/bookstore/meditations-mysteries-rosary/>
- Aumann, Jordan, O.P. “The Christian Laity” in *Philippiniana Sacra*, Vol XXVIII, NO 83 (1993), pp. 321-334. Available at:
<http://opcentral.org/resources/2013/04/08/jordan-aumann-o-p-the-christian-laity/>
- Tugwell, Simon, O.P. *Saint Dominic and the Order of Preachers*. Catholic Truth Society, Dublin: 1981.
- Ashley, Benedict. *The Dominicans*. (Religious Order Series Volume 3); A Michael Glazier Book published by THE LITURGICAL PRESS ; c1990 by The Order of St. Benedict, Inc., Collegeville, Minnesota. Available at :
<http://opcentral.org/resources/2012/08/16/the-dominicans-by-benedict-m-ashley-o-p/>
- Available for download (138 pages) on Dominican Central website:
http://laity.stdombenicia.org/the_dominicans_by_benedict_m_ashley.pdf
- Selections from “New Statutes of the Congregation of Our Lady, Arezzo, 1262” in Tugwell, Simon, ed. pp. 436-450. (Paragraphs 1-3; 5-7; 9-14; 17; 20; 23-25) (~ 10 pp text)
- Hoffman, Dominic O.P. *Beginnings in Spiritual Life*. Wipf and Stock Publishers. Eugene, Oregon. 1967.
- Barron, Robert. *Catholicism: A Journey to the Heart of the Faith*. Image, New York. 2011.
- Philippe, Jacques. *Searching for and Maintaining Peace*. St. Pauls. Staten Island, New York. 2002
- Philippe, Jacques. *Interior Freedom*. Scepter. New York, New York. 2007.
- Dubay, Thomas, S.M. *Fire Within*. Ignatius Press. San Francisco, California. 1989.
- Tugwell, Simon, O.P. *The Beatitudes: Soundings in Christian Traditions*. Templegate Publishers. Springfield, Illinois. 1980.