

## ***“Spiritual Theology” by Jordan Aumann, OP***

### **Study Questions - Chapter Seven**

#### **-Conversion from Sin-**

#### **References: CCC**

Sin: 1846-1869

#### **Other Suggested References:**

“*Spiritual Combat*” by Dom L. Scupoli  
“*Abandonment to Divine Providence*” by Jean-Pierre de Caussande  
“*Confession: The Encounter of Christ in Penance*” by Adrienne von Speyr  
“*The People of the Lie*” by M. Scott Peck, M.D.  
“*Money, Sex, and Power*” by Richard J. Foster

#### **Questions**

1. What does grace do for nature?
2. Which are the four major temperaments and what do they have to do with a propensity to virtue or vice? What are their principle defects?
3. Which factors affect character? Which factors does Fr. Aumann consider to be the most important?
4. Give three definitions of sin. Of the three definitions, which do you find most helpful or accurate and why?
5. Which views of sin does Fr. Aumann reject as erroneous and why?
6. What is the difference between *venial sin* and *mortal sin*?
7. What are the three classes of venial sin?
8. What is the harm of *deliberate venial sin*?
9. How do the venial sins which are committed continuously affect the gifts of the Holy Spirit?
10. The text describes four ways in which venial sins are especially detrimental to the spiritual life. What are they?
11. What are the four types of sinners that Fr. Aumann identifies?
12. Name the three main sources of temptation.
13. Why does God allow us to be tempted?
14. Name two ways in which the Christian can prepare for when temptation occurs?
15. Reflect on the following statement from the text: “*A temptation that is declared is already half conquered.*” What is this in reference to?
16. The text describes four ways in which the “*worldly spirit*” is manifested. Name each of them.

17. How can one avoid the occasion of sin?
18. What is the meaning of this statement: "*What the eyes do not see, the heart does not desire.*"
19. What are some of the "typically Catholic" things that one can do to help resist sin?
20. Define the word, "*Conversion.*"
21. How is character formed?
22. What is the role of family, friends, education, and environment in the development of character?
23. Consider the following:
  - "Sow a THOUGHT, reap a DEED...
  - Sow a DEED, reap a HABIT...
  - Sow a HABIT, reap a CHARACTER...
  - Sow a CHARACTER, reap a DESTINY
24. How do "choices" figure into the development of character?